

# WORTH COUNTY R-III -- JANUARY BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 Breakfast Pizza Fruit	9 Pancakes Fruit	10 Eggstravaganza Toast Fruit	11 Cereal Toast Fruit	12 Biscuits & Gravy Fruit
15 NO SCHOOL	16 French Toast Fruit	17 Donuts Fruit	18 Omelet Toast Fruit	19 Biscuits & Gravy Fruit
22 Breakfast Pizza Fruit	23 Cereal Toast Fruit	24 Muffins Fruit	25 Waffles Fruit	26 Biscuits & Gravy Fruit
29 Bagels Fruit	30 Breakfast Pizza Fruit	31 French Toast Fruit		

1%, Skim and Fat Free Chocolate Milk and Juice Variety offered with every meal

MENU IS SUBJECT TO CHANGE

# WORTH COUNTY R-III -- JANUARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 Cheeseburger OR Chili Dog French Fries Baked Beans Fruit Cookie	9 Nachos OR Burrito Salsa Garden Salad Fruit Pudding	10 Meatloaf OR Country Fried Steak Mashed Potatoes & Brown Gravy Green Beans Hot Roll Fruit	11 Ham & Beans w/Cornbread OR Chili w/Grilled Cheese Cooked Carrots Fruit Granola Bar	12 Shrimp Poppers OR Cheese Pizza Veggie Cup Fruit Ice Cream
15 NO SCHOOL	16 Taco Soup OR Cowboy Cavatini Breadstick Corn Fruit Cookie	17 Chicken Alfredo OR Meatball Sub Peas Fruit Granola Bar	18 Lasagna Roll Ups OR Italian Dog Seasoned Potato Wedges Green Beans Fruit Sherbet	19 Chicken Cheese Crispito OR Fiestada Pizza Salsa Garden Salad Fruit Cookie
22 Fish Sandwich OR BBQ Pork Sandwich Macaroni & Cheese Baked Beans Fruit Cookie	23 Potato Soup OR Chicken Sandwich Cooked Carrots Fruit Pudding	24 Goulash OR Spaghetti Breadstick Garden Salad Fruit Ice Cream	25 Bosco Sticks OR Corn Dog Tater Tots Veggie Cup Fruit	26 Pepperoni Pizza OR Chicken Nuggets French Fries Fruit Sherbet
29 Chicken & Noodles OR Breaded Beef Sticks Mashed Potatoes Hot Roll Green Beans Fruit	30 Baked Potato Bar OR Grilled Ham & Cheese Broccoli & Cheese Fruit Cookie	31 Sloppy Joe OR Mini Corn Dogs Seasoned Potato Wedges Garden Salad Fruit Granola Bar		

1%, Skim and Fat Free Chocolate Milk and Juice Variety offered with every meal

MENU IS SUBJECT TO CHANGE