

# Worth County R-III

**September**

## Lunch

9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pepperoni Pizza OR Taco Corn Garden Salad Cookie, Fruit
4 NO SCHOOL	5 Country Fried Steak OR BBQ Pork Sandwich Wheat Roll Mashed Potatoes Green Beans Fruit	6 Meatball Sub OR Hot Dog Sun Chips Garden Salad Fruit Jell-o	7 Chicken Drumsticks Wheat Roll Cucumber Slices w/Ranch Fruit	8 Chicken Cheese Crispito Tater Tots Fruit Frozen Fruit Cup
11 Chicken Alfredo OR Bosco Sticks w/Marinara Sauce Green Beans Fruit Brownie Cookie	12 Hamburger on Bun OR Breaded Beef Sticks French Fries Baby Carrots Fruit	13 Beef Nachos OR Beef Burrito w/Salsa Garden Salad Beans Fruit	14 Chicken Nuggets OR Grilled Chicken Sandwich Cooked Carrots Macaroni & Cheese Fruit, Cookie	15 Cheese Pizza OR Mini Corndogs Garden Salad Fruit Jell-o
18 NO SCHOOL	19 Mac & Cheez-IT OR Sloppy Joe Sweet Peas Garden Salad Fruit, Granola Bar	20 Italian Dog OR Crispy Chicken Sandwich French Fries Golden Corn Fruit, Jell-o	21 Pizza Bosco Stick w/Marinara OR Cheeseburger Baby Carrots & Cauliflower w/Ranch Fruit, Yogurt	22 Shrimp Poppers OR Cheese Quesadilla Pizza Tri Tators Broccoli Fruit, Cookie
25 Fritos Pie w/Cheese OR Meatloaf w/Wheat Roll Golden Corn Fruit Brownie Cookie	26 Hot Ham & Cheese OR Chicken & Noodles California Blend Veggies Fruit Sherbet	27 Chicken Parmesan over Pasta or Grilled Cheese Sandwich Garden Salad Fruit	28 Corn Dog OR Hamburger on Bun French Fries Baked Beans Fruit, Cookie	29 Pepperoni Pizza OR Spaghetti w/Breadstick Baby Carrots & Celery Sticks w/Ranch Fruit

1%, Skim and Fat Free Chocolate Milk and Juice Variety offered with every meal

MENU IS SUBJECT TO CHANGE

**September**

# Worth County R-III

## Breakfast

9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Biscuits & Gravy Fruit
4 NO SCHOOL	5 Cheddar Omelet w/Toast Fruit	6 Mini Blueberry Waffles Fruit	7 Breakfast Pancake on A Stick Fruit	8 Biscuits & Gravy Fruit
11 Bagels Cream Cheese Fruit	12 Breakfast Pizza Fruit	13 Pancakes w/Syrup Fruit	14 Blueberry Bubble Bread Fruit	15 Biscuits & Gravy Fruit
18 NO SCHOOL	19 Cheese Toast Sausage Pattie Fruit	20 Breakfast Stick w/Syrup Fruit	21 French Toast Sticks w/Syrup Fruit	22 Biscuits & Gravy Fruit
25 Mini Donuts Fruit	26 Muffin Vanilla Yogurt Fruit	27 Mini Pancakes Fruit	28 Bacon & Cheese Eggstravaganza w/Toast & Jelly Fruit	29 Mini Powdered Donuts Fruit

1%, Skim and Fat Free Chocolate Milk and Juice Variety offered with every meal

MENU IS SUBJECT TO CHANGE