

August

Worth County R-III Breakfast

9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			17 Breakfast Stick w/Syrup Fruit	18 Biscuits & Gravy Fruit
21 French Toast & Syrup Fruit	22 Muffin Vanilla Yogurt Fruit	23 Mini Waffle Fruit	24 Bacon & Cheese Eggstravaganza w/Toast Fruit	25 Mini Powdered Donuts Fruit
28 Mini Cinnis Fruit	29 Cheddar Omelet w/Toast Fruit	30 Mini Pancakes Fruit	31 Breakfast Pizza Fruit	

1%, Skim and Fat Free Chocolate Milk and Juice Variety offered with every meal

MENU IS SUBJECT TO CHANGE

August

Worth County R-III Lunch

9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			17 Deli Sandwich, Doritos OR Pizza Bosco Stick w/Marinara Baby Carrots & Cauliflower w/Ranch Fruit Yogurt	18 Shrimp Poppers OR Hamburger on Bun French Fries Broccoli Fruit Cookie
21 K-3 - Chicken Nuggets 4-12 - Peanut Butter Sandwich <u>AND</u> Chips Carrots & Dip Apple OR Banana Milk	22 Frito Pie OR Hot Ham & Cheese Corn Fruit Sherbet	23 Fish Sandwich OR Chicken Parmesan over Pasta Garden Salad Fruit	24 Grilled Chicken on Bun OR Corn Dog French Fries Baked Beans Fruit Cookie	25 McRib on Bun OR Pepperoni Pizza Baby Carrots & Celery Sticks w/Ranch Fruit
28 Country Fried Steak Wheat Roll Mashed Potatoes Green Beans Fruit	29 Chicken Crispito OR Chicken Quesadilla Pizza w/Salsa Beans & Rice Fruit	30 Chicken Wrap OR Meatball Sub Garden Salad Sun Chips Fruit Jell-o	31 Baked Potato & Diced Ham OR Chicken Nuggets French Fries Broccoli Fruit	

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